

Shared Learning Through Collaborative Art:

A university-prison partnership engages learners and empowers participants to move beyond traditional paradigms and envision new possibilities

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Overview: Two Interactive Components

1. Presentation and Discussion
2. Participatory Art in Practice

Throughout, we will focus on three areas:

- ◆ Mutual Learning
- ◆ Collaboration
- ◆ Logistics

Part 1.

Presentation and Discussion

Please ask questions as they
come up throughout.

Collaboration and Mutual Learning

How do we move past preconceived expectations and biases in working with: Students? Inmates? Administrators?

What is the benefit of allowing individuals and communities to conceive of themselves in new roles and with new opportunities to share, receive, communicate, and make a difference?

California State University, San Bernardino

California State University, San Bernardino is a public university in a largely underserved and drastically economically disadvantaged community.

70% of our students are the first in their families to graduate from college.

CSUSB has a diverse student body: 40% Hispanic, 28% White, 11% African American, 7.2% Asian/Pacific Islander, 3.8% International, .06% Native American, 9.4% Other.

The median age of students is 21 years old. A majority of CSUSB students maintain jobs and or families while in school.

The Inland Empire

San Bernardino is located in the Inland Empire, a region of Southern California with the highest poverty rate in the nation.

In 2012, 31.1% of San Bernardino residents were living in poverty. The average number of American living in poverty was 15%.

That same year, the city of San Bernardino declared bankruptcy.

There are three state prisons located in the Inland Empire and only one in the much larger Los Angeles County.

CSUSB Community-based Art

CSUSB Community-based Art is an initiative in which students, alumni, and volunteers facilitate art throughout our underserved community at sites that don't otherwise have access to art including a public housing project, shelters for teens, low-income senior housing, and three CA state prisons.



Philosophy

- ◆ Community-based Art is an approach to making, teaching, and learning art that directly engages community in the process through collaboration, interaction, discussion, feedback, and sharing.
- ◆ Throughout the courses integrated into Community-based Art at CSUSB, students examine the ways that social, cultural and economic forces impact access to and understandings of art.

What is art? Who decides? Who has access to art?



Every voice matters. Every contribution is key.

- ▶ How does this work in practice?
- ▶ How do we overcome barriers?
- ▶ How can we value and integrate varied perspectives on art, teaching, and working together?

To reflect this philosophy, we at CBA discussed the importance of language used to describe who we are and our work, including the importance of **people-first language**.

CBA Participants Include:

- ❖ Youth and children at-risk
- ❖ Seniors in low-income housing
- ❖ Persons who are incarcerated
- ❖ Individuals who are homeless
- ❖ People with disabilities

CBA Teaching Artists Include:

- ❖ Undergraduate art students
- ❖ MFA students
- ❖ CSUSB alumni
- ❖ Local volunteers
- ❖ Guest artists and writers
- ❖ Inmate co-teachers

Ongoing Community Sites and Classes:

- ◆ **Boys and Girls Club, Waterman Gardens**
 - Family Art Workshop: Illustration and Book Making
- ◆ **Our House, Redlands**
 - Art Workshop
 - What is Art? Art Class for Youth
- ◆ **Job Corps**
 - LACMA Inspired Workshops
- ◆ **CSUSB Re-entry Initiative**
 - Mural Renovation
- ◆ **engAGE: Low Income Senior Housing**
 - History of Painting Workshop

CBA Prison Arts Collective



The Prison Arts Collective emerged out of the CSUSB Community-based Art initiative.

CBA Prison Arts Collective Partner Sites & Curricula:

These classes run simultaneously in eight- to ten-week sessions. All sessions culminate with a certificate ceremony and exhibition.

◆ California Institution for Men, Chino (CIM)

- Portrait Workshop
- Drawing Workshop
- Creative Writing Workshop
- 3-D Workshop
- Art History
- Printmaking and Design
 - Art History and Critique
- Portfolio Development

◆ California State Prison, Los Angeles County (LAC)

- Foundations in Art
- Printmaking

◆ California Institution for Women, (CIW)

- Watercolor & Creative Writing
- Collage & Mixed Media
- Sculptural Crafts
- Art History

Context for American Prisons

The United States has the world's largest prison population.

- Today, roughly 2.2 million people are behind bars in the United States, an increase of 1.9 million since 1972.
- Today, the US is 5% of the World population and has 25% of world prisoners.
- African Americans now constitute nearly 1 million of the total 2.3 million incarcerated population.
- African Americans are incarcerated at nearly six times the rate of whites.
- Together, African American and Hispanics comprised 58% of all prisoners in 2008, even though African Americans and Hispanics make up approximately one quarter of the US population

Sources:

The Southern Poverty Law Center

The National Association for the Advancement of Colored People

Context for American Prisons

“There is a lot of talent here in prison. We are not all bad and evil people, some of us made bad decisions and are accepting responsibility for our actions.”

—Class Participant, CBA at CIM



Ezequiel Gonzales, CIM Class Participant/Co-teacher

Collaboration and Mutual Learning in Practice: Example: Collaborative Mural at CIM

This collaborative mural project began in spring 2014 and was completed over nine months. It was conceived, designed, and painted in collaboration. Four Teaching Artists (three students and one alumna) and approximately 30 inmates created it together.

One innovation was that the two lead artists were an inmate and an alumna. They brought different approaches to mural painting and melded them into an innovative combination.

One Teaching Artist worked with each of three groups of men of the three distinct panels of this 45' mural.

Photographs of the mural process: Andrew K. Thompson

CIM Mural Workshop



“I plan to stay in the art program for as long as I can. It has been invaluable in helping me cope with prison & exploring my creative potential.”
—Class Participant, CIM



From working as a group to come up with the idea to finding reference material and sketching the design, inmates were artists and students were teachers.





Lines blurred between facilitators and learners. Everyone learned from one another.



Many men didn't know how to paint when they started. They learned during the process of creating together.





The mural became something to return to each week, providing a physical space for growth and at the same time an opportunity for connection and reflection and conversation.



“I think that I’ve learned more than I’ve taught! There are just some things that no classroom can teach. The only way to learn is by doing.” — Nancy Stevens, Teaching Artist, CIM



All classes culminate in a certificate ceremony.



CIM Critique & Creative Writing



"That as long as there are programs such as these while incarcerated it gives us a constructive outlet to finish out time in a positive environment."
—Class Participant, CIM

CIM Paper Crafts: Co-taught by student and inmate

This paper flower tree was co-created by 7 men. In this class, participants can teach for one day to share their skills.



CSUSB Re-entry Initiative



“I learned to express myself in my art, using my mind and challenging myself and my expectations of my art surprised me.”

—Participant, CSUSB Reentry

“I learned many things but one is the history of Van Gogh and Picasso. I also took away more understanding of emotions and expression.”

—Participant, CSUSB Reentry



Logistics

Prison-University Partnership

What is necessary for these two institutions to work together?

How does the university curriculum influence and relate to the curriculum on site?

Future goals:

Consistent funding for teaching artists

College credit for inmate participants

Off-site exhibition for work from prison programs

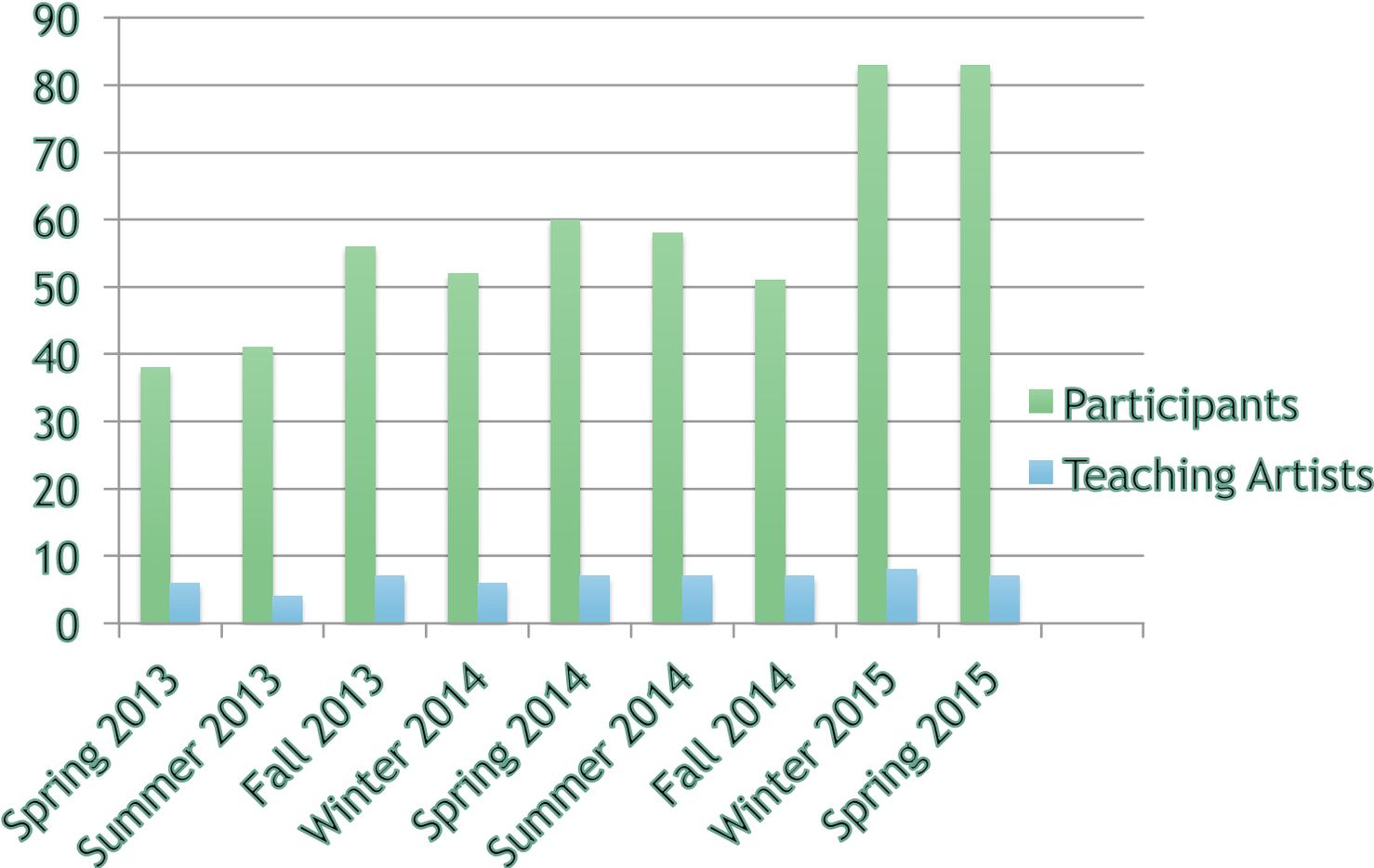
Organic Growth

We began with seven students teaching four classes at one prison. Approximately 40 men completed the session and received certificates.

Currently, 15 Teaching Artists facilitate a total of 10 classes at three prisons across Southern California. A fourth prison has requested our program. We plan to start as we build capacity and funding.

Our program grows in response to the needs and interests of our community, participants, and teaching artist (students, alumni, volunteers).

Program Participation Statistics: CIM



University Prison Partnership

Benefits:

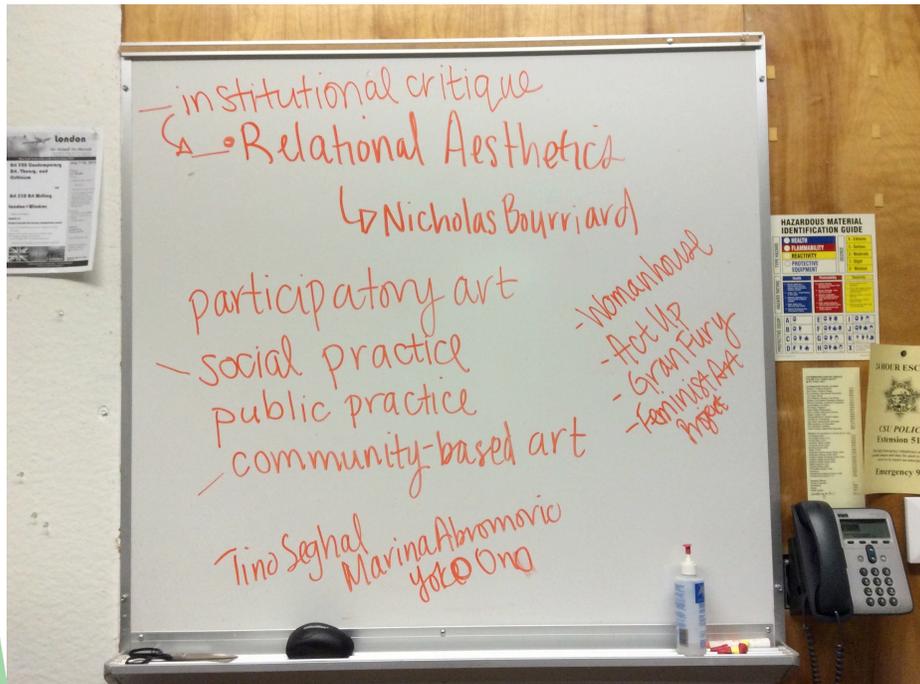
- ❖ Knowledge base for art
- ❖ Faculty, students, and staff
- ❖ Funded teaching internships
- ❖ University grant opportunities
- ❖ Administrative support
- ❖ Opportunities to connect with other disciplines (Music, Theater, English)
- ❖ View of university by inmates as empowering, opportunity to be part of university community

Challenges:

- ❖ Bias from outside that emphasizes hierarchy and see teachers as still in training while missing strength of connection to community and mutuality
- ❖ Competition for limited funding
- ❖ Changing administration at prison
- ❖ Clearances, lock-downs, materials restrictions

On Campus Curriculum: Visual Studies

On campus and at the prison site, **communication**, **mentorship**, and **personal development** are as important as the **creative process** in our classes.



Students from all four majors participate in CBA. But preparation for facilitating CBA programs comes primarily from Visual Studies and the MFA program.

I redesigned the Visual Studies major to be more interactive and integrate project-based learning and service-learning. These courses and CBA are mutually supportive and grew during the same period of time.

- ◆ History, Philosophy, and Theories of Visual Studies
- ◆ Art and Human Development
- ◆ Art and Community
- ◆ Teaching Practicum
- ◆ Internship in Art

On Site: Ongoing Curriculum Development

All CBA classes include: **Art History, Art Making, and Reflection.**

CBA classes and workshops are based on the needs and interests of participants, facility, and teaching artists. Projects include:

- ❖ Family workshop
- ❖ Collaborative murals
- ❖ Creative Writing Workshop
- ❖ Portfolio development and Critique
- ❖ Classes in: Printmaking, Collage, Painting, Drawing, and Crafts
- ❖ Future Goals: Multidisciplinary (music, theater, dance)

CBA Summer Research Assistants worked as a collaborative team further develop the initiative:

- ◆ Some achievements include:
 - ❖ Creating teacher and curriculum guidelines
 - ❖ Creating volunteer packets
 - ❖ Organizing and hosting a meeting for all CBA Teaching Artists
 - ❖ Creating and distributing participants Pre-Surveys and using the results to help further program development at each site.
 - ❖ Post surveys were also created collaboratively and will also be used for program development.

“My experience at CIM has been amazing! The students are very appreciative of our teaching there, even students who are not in my class greet me by my name every Friday and have said thank you many times. It makes teaching the course much easier. However there are some negative parts. Not all the students bring their homework; some students start later or some begin later and it makes it difficult to move forward when some students are behind.”

—Cesia Ortiz, CSUSB alumna, founding teacher CBA at CIM and current co-coordinator at Pilot program in Lancaster

Prison University Partnership: Vital Components for Success

- ❖ Flexibility – we say it is our number one rule.
- ❖ Strong communication network across varied spaces
- ❖ Curriculum synchrony between university and prison site
- ❖ Basic training for Teaching Artists from different disciplines
- ❖ Support for change including opportunities for inmate teachers
- ❖ Assessment and reorientation of program based on feedback
- ❖ Proceed in stages, starting with pilot and making small changes from there based on feedback from all involved in partnership

Part 2. Participatory Art

“I was able to teach others and change their lives as well.”
—Class Participant/Co-Teacher, CIM

California Prison Arts: A Quantitative Evaluation

An evaluation through surveys, completed by D. Lawrence Brewster from the University of San Francisco found the following:

- ◆ Inmates with previous arts education and practice, including former Arts in Corrections participants, were statistically more likely to be intellectually flexible, self confident, motivated, in control of their emotions, socially competent, and better managers of their time than inmates who have never studied or practiced art.
- ◆ A comparison of the pretest-posttest survey results for the 31 inmates who had no previous arts education or practice showed a positive and statistically significant correlation between their participation in the theatre, writing and visual arts classes and improved time management, achievement motivation, intellectual flexibility, active initiative, and self-confidence.
- ◆ A significant majority of participants reported that the arts program helped them to relieve stress, feel happier, and gain valuable insights. Over half (58%) said their art brought them closer to family; enriching their conversations and nurturing a new identity as artists, rather than convict.

Skills gained through art practice:

Soft Skills

- ◆ Growing self-confidence
- ◆ Improvement in communication skills
- ◆ Patience
- ◆ Accountability
- ◆ Creative development
- ◆ Collaboration
- ◆ Perceptiveness
- ◆ Stress management
- ◆ Interpersonal relationship skills
- ◆ Dedication & motivation

Hard Skills

- ◆ Punctuality
- ◆ Art Historical knowledge
- ◆ Writing skills
- ◆ Visual skills
- ◆ Fine motor skills
- ◆ Reading & analytic competency
- ◆ Problem solving skills

“When I become angry painting calms me down.
When I become lonely, painting comforts me.
When I become confused, painting brings me
clarity. When I experience painful emotions,
painting helps me reconnect to positive emotions
and I never want to use drugs or alcohol again.”

—*S. Hunter, Class participant/Co-teacher, CBA at CIM*

Thank you!

And now it's time for our
own collaborative project...

Visit us online: www.cbacsusb.wix.com/cbacsusb

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